## **Cranberry Sparkler Mocktail**

## Ingredients:

- 1. 2 cups fresh cranberries
- 2. ½ cup fresh orange juice
- 3.  $\frac{1}{2}$  cup water
- 4. ½ cup maple syrup or honey to taste
- 5. Sparkling water or club soda
- 6. Frozen cranberries if desired

## Instructions:

- 1. Place cranberries, orange juice, water, and maple syrup in blender and puree thoroughly
- 2. Strain through a mesh strainer
- 3. Return the juice to the blender and puree once more, strain again
- 4. Keep juice in the refrigerator until ready to serve
- 5. Pour ¼ cup juice in each glass and add equal amounts sparkling water or club soda
- 6. Garnish with frozen cranberries, if desired